Heroes for Sojourn 5K & Kids Fun Run
September 27, 2014 at 9:00 am ~ Washington Park
Registration Form

COME DRESSED IN PURPLE OR AS YOUR FAVORITE HERO

One registration form is required per participant.

You can also register online at www.GetMeRegistered.com/HeroesForSojournRun

Name: _____________________________________________
Address: ___________________________________________
City: ______________________________________________ State: ______ Zip: ______
Phone: ___________________________________________ Email: ______________________ Gender: ______

Date of Birth: ________________

T-Shirts: All those who pre register by 9/16/14 are guaranteed a Dri-FIT shirt in size choice. Those registering after 9/16/14 will receive shirts on a first-come first-served basis. Available sizes are:

Youth: S M L (Circle One)
Female: S M L XL XXL (Circle One)
Male: S M L XL XXL (Circle One)

Additional sizes may be available upon request.

Payment: ______ Adult Registration $30.00
____ Kids’ Fun Run (Ages 2-12) $10.00
$ _______ Total

____ Enclosed is my check for $__________ payable to Sojourn Shelter & Services, Inc.

Warning of Risks and Assumption of Risks. Participation in the Event may challenge and engage your physical and mental resources. You should not participate in the Event if you have any health conditions affecting your ability to participate. You should seek advice from your physician before participating in the Event. There is always a risk of injury when participating in exercise activities and, understandably, not all hazards and dangers can be foreseen. Participation in the Event may involve inherent risks, dangers and hazards, which may occur without warning, or be due to poor skill level, lack of conditioning, carelessness and other unforeseen, unidentified or unexpected perils inherent in physical activities. By execution of this Agreement, I acknowledge that I understand the risk and danger of accidents, physical injury, effects of exercise, and the unpredictable nature of the human body and the activities inherent in the nature of the Event. I acknowledge that I am a voluntary participant in this Event, and in good physical condition. I further acknowledge that physical exercise and participation in this Event will challenge and engage my physical resources. I have either visited with my physician and received doctor's advice and consent to my exercise program or have waived such advice and consent of my doctor, and accept any and all risks.

Waiver, Release and Indemnification. I understand and acknowledge that neither the Sponsor, nor any of its affiliates are insurers of my conduct and safety. I know that this Event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this Event. To the fullest extent permitted by law, I hereby release, waive, hold harmless and covenant not to file suit against this Event, the Sponsor and any affiliated individuals or entities associated with this Event (including all Trustees, Directors, Managers, Officers, Employees, Volunteers, Agents and Representatives of the Sponsor) (the “Releasees”) from any and all losses, damages, liabilities or other claims and causes of action whatsoever that I may have arising out of my participation in this Event, including personal injury, death or damage suffered by me, my personal property or others, whether the same be caused by falls, contact with other participants, conditions of the course, negligence of the Releasees or otherwise. I agree that, in the event any person brings any claim or action individually or on my behalf, related to any injury or loss suffered by me as a result of my participation in the Event, that I will indemnify the Releasees against such claims, including the payment of attorney fees. I agree that this Agreement shall bind my guardian, assigns, heirs, administrators and executors forever.

This event will be held rain or shine, but we will delay the race if there is thunder or lightening. In the event of a cancelation due to weather conditions, we will consider your registration fee to be a donation as no refunds will be issued. I also understand that if I do not follow all the rules of this event, I may be removed from this event. I furthermore give my full permission to this event, Sojourn and their sponsors to use any photographs, videotapes or other recordings of me that are made during the course of this event.

Print Name: ______________________ Date: __________

Signature: ________________________

*Parent/Legal Guardian must sign if participant is under the age of 18.

For questions, please contact Laura Kresse at 217-726-5100 ext. 213.

Send your completed form to: Sojourn Shelter & Services, Inc.
1800 Westchester Blvd.
Springfield, IL 62704

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