



FamilyCore is a private, non-profit, nationally accredited social service agency that has served the Tri-County area continuously since 1900. We are committed to helping individuals and families strengthen their lives through a variety of counseling, child welfare, family preservation and preventative education services. We offer you our best in quality, confidentiality and expertise.

Our organization depends on generous support from contributions. When you give your support us, you allow us to continue providing our services to individuals and children in the community.

## WE'RE ACCREDITED.

An accredited agency is one that has undergone extensive review by the Council on Accreditation and the Council on Accreditation — Hague. Accreditation assures you and our community that FamilyCore demonstrates effective management and provides high levels of service, quality community programs, knowledgeable personnel and safe, accessible facilities.



### Our Mission:

Mobilizing and integrating critical resources and opportunities to strengthen families and develop sustainable communities.



FamilyCore  
330 SW Washington St.  
Peoria, IL 61602



# The 19th Annual FROSTY 5K & Dog Walk January 27, 2018



*To Warm a Child's Heart*

Register Online @

[www.familycore.org](http://www.familycore.org)



## Registration Information:

Entry fee before Race Day: \$30  
Entry fee on Race Day: \$35  
Entry fee for family (3 or 4): \$60  
Entry fee for walkers: \$25

All participants registered prior to January 17th will be guaranteed a Frosty 5K t-shirt. Early packet pickup will be offered on Friday January 26th at Running Central; 311 SW Water St. Peoria, IL From 11:00 AM—6:00 PM

## Race Day Schedule January 27th, 2018

8:00-8:50 a.m. — Race Day Registration and packet pickup at Running Central

9:00 a.m. — Race begins on the Riverfront in front of Running Central on the walking path

9:05 a.m. — Walkers start right after the runners on the walking path

Runners and walkers finish at the Gateway Building. After the race, a Post-Race awards ceremony will be held at The Gateway Building at ; 200 NE Water St. Peoria, IL 61602

For more information, please contact Richard Smith at 309-676-2400 or email: [rsmith@familycore.org](mailto:rsmith@familycore.org)



**All proceeds directly benefit the clients of FamilyCore.**

## 2018 Frosty 5K Registration Form

In consideration of the acceptance of my entry for the FamilyCore Frosty 5K, I hereby, for Myself, my heirs, executors and administrators, fully and forever RELEASE, REMISE, ACCQUIT and DISCHARGE FamilyCore, the City of Peoria, and the Peoria Park District (including but not limited to any Volunteers, organizers, agents, servants, sponsors, and each of their officers, directors agents, and employees from any and all Claims, demands, damages, actions, or rights Of action of whatever kind or nature I may now have or may hereafter have arising out of or the consequences of all known or unknown injuries to person or damages to property resulting to me in any way from my participation in the FamilyCore race, I also grant permission to all of the foregoing to use any photographs, motion pictures, Recordings or other records of this event for any legitimate purpose.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Entry Fee is enclosed**



**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Register before January 14th to receive your Frosty t-shirt

**T-shirt size:**    S    M    L    XL    XXL

Female

Male

**Date of Birth:** \_\_\_\_\_

5K Race

1 Mile Walk

**Discount Code:** \_\_\_\_\_

### Awards

The overall male and female winners will receive trophies. Medals will be awarded for First, Second, and Third place in each Age category.

**Make checks payable to:**

**FamilyCore**

330 SW Washington St.

Peoria, IL 61602

P: 309-676-2400

Fax: 309-676-6073